

Video 21

Protection From Infection

Preview

1. Why do teens sometimes make decisions that put them at risk for disease?

Explore

2. Why is making homemade colored contact lenses or saline solution a risky behavior?

3. Bacterial meningitis can be a deadly disease, as was the case with Evan. Should the vaccine against bacterial meningitis be required for students? Why or why not?

4. Andrew was exposed to the *E. coli* bacteria from eating an undercooked hot dog. List three ways you can decrease your risk of *E. coli* infection.

5. In your opinion, should a wrestler with a skin infection be disqualified from competing until the infection has cleared up? Why or why not?

Video 21: Protection From Infection *(continued)*

6. List five behaviors that teens commonly practice that increase their risk for infectious diseases.

Wrap-Up

7. What steps can you take to reduce your risk of getting an infectious disease?

Connect to Your Life

8. According to the video, what are three ways to protect yourself from infectious diseases?
